

MIDDLE AND UPPER SCHOOL

The middle and upper school daily schedules are designed to foster deep, meaningful student engagement during class time. As such, 70-minute periods provide students with the opportunity to benefit from a range of pedagogical approaches, collaborative work, and individual practice. Classes rotate on an eight-day letter basis (A-F), and there are seven rotating class periods. “CAC” stands for Chapel/Advisory/Clubs period, and the fixed block labeled “Various” at the end of the day is used in a variety of manners as dictated by student and school needs.

Upper School Weekly Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
Office Hours 8:00-8:25	Office Hours 8:00-8:25	Faculty Meeting 7:45-9:00	Office Hours 8:00-8:25	Office Hours 8:00-8:25
1 8:30-9:40	5 8:30-9:40		6 8:30-9:40	3 8:30-9:40
CAC 9:40-10:10	CAC 9:40-10:10	2 9:00-10:10	CAC 9:40-10:10	CAC 9:40-10:10
2 10:10-11:20	6 10:10-11:20	3 10:10-11:20	7 10:10-11:20	4 10:10-11:20
3 11:20-12:30	7 11:20-12:30	4 11:20-12:30	1 11:20-12:30	5 11:20-12:30
Lunch 12:30-1:20 US1(12:30) US2(12:45)	Lunch 12:30-1:20 US1(12:30) US2(12:45)	Lunch 12:30-1:20 US1(12:30) US2(12:45)	Lunch 12:30-1:20 US1(12:30) US2(12:45)	Lunch 12:30-1:20 US1(12:30) US2(12:45)
4 1:20-2:30	1 1:20-2:30	5 1:20-2:30	2 1:20-2:30	6 1:20-2:30
Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15
Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45

Middle School Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Office Hours 8:00-8:25	Office Hours 8:00-8:25	Faculty Meeting 7:45-9:00	Office Hours 8:00-8:25	Office Hours 8:00-8:25
1 8:30-9:40	5 8:30-9:40		6 8:30-9:40	3 8:30-9:40
CAC 9:40-10:10	CAC 9:40-10:10	2 9:00-10:10	CAC 9:40-10:10	CAC 9:40-10:10
2 10:10-11:20	6 10:10-11:20	3 10:10-11:20	7 10:10-11:20	4 10:10-11:20
Lunch 11:20-12:10	Lunch 11:20-12:10	Lunch 11:20-12:10	Lunch 11:20-12:10	Lunch 11:20-12:10
3 12:10-1:20	7 12:10-1:20	4 12:10-1:20	1 12:10-1:20	5 12:10-1:20
4 1:20-2:30	1 1:20-2:30	5 1:20-2:30	2 1:20-2:30	6 1:20-2:30
Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15	Various 2:30-3:15
Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45	Office Hours 3:20 - 3:45